

# Blue Mountain Acupuncture Clinic

Voted favourite..... Acupuncturist

## Tell us a bit about your business

Blue Mountain Acupuncture Clinic first opened its doors in 2004, introducing the community to Traditional Chinese Medicine and Acupuncture. The clinic is owned and operated by Corinna McFarlane and Jeff McMackin who have been practicing for 16 years. They are celebrating 10 years of service in the Georgian Triangle this summer.

## Q What is your signature product or service?

The clinic offers the full range of Traditional Chinese Medicine services including acupuncture, electro-acupuncture, auricular (ear) and scalp acupuncture, herbal medicine, chinese medicated diet, and soft tissue therapies such as cupping and guasha. Jeff McMackin specializes in internal medicine including digestive disorders, autoimmune diseases, neurological complaints and women's health. Corinna McFarlane specializes in pain management including musculoskeletal disorders and soft tissue problems. Much of her practice is focused on arthritic conditions, degenerative conditions and repetitive strain injuries.

## Q Where were you both trained?

Both practitioners received their initial training at the Toronto school of Traditional Chinese Medicine (TSTCM). Jeff went on to complete a residency at Shandong University Hospital, China. Corinna did further training in the United States where she received her Masters degree in Oriental Medicine. Both had the good fortune to apprentice with a renowned physician in Toronto's China Town. Corinna and Jeff continue to enhance their skills and knowledge by frequently attending Chinese

medicine symposiums on a variety of topics, around the world.

## Q What is the secret to your success?

We firmly believe that our patients are our best teachers. With 16 years of practice under our belts we have had the opportunity to treat a high volume of patients and have seen a multitude of the most difficult cases. We believe in clear communication, providing realistic expectations and taking the time to really listen to each patient's story. We have thrived from the wonderful support from our fellow therapists and local physicians.

## Q How do you feel about receiving this kind of recognition from our readers?

We were quite surprised by the news and are very honored to have been chosen. It couldn't have come at a better time as we are celebrating our 10-year Anniversary this summer. It feels like icing on the cake! Our gratitude goes out to our families, friends, patients and fellow therapists.

## Q Is there anything new (staff members, location, products etc.) that you would like to mention?

- You can meet up with us this summer;
- June 8th as we sponsor the "Walk to fight Arthritis" on site answering questions at our booth.
  - June 21st we celebrate 10 years in business with a street party
  - And check out our new website [www.bluemtnacupuncture.com](http://www.bluemtnacupuncture.com) if you are looking for further information and resources on acupuncture.